



The POWER of SPORT



CASE STUDY; Gymnastics – Agnes Keleti

Agnes Keleti is a Hungarian gymnast and the world's oldest living Olympic champion as well as a Holocaust survivor. She recently turned 100 and is seen to have a rare energy and unquenchable zest for life!

She won her first national title age 16 years of age. She was preparing and training to compete at the Tokyo Games in 1940 when she was expelled from her gymnastics club for being Jewish and was forced to go in to hiding.

Using false papers, she escaped to the country and hid in a remote village as a maid. Many of her family were not so lucky, her father and uncles were some of the 550,000 Hungarian Jews killed during the Holocaust.

In her return to Gymnastics she won 4 medals in Helsinki in 1952, aged 31 and even went on to win 6 medals at the Melbourne Games aged 35!!

YOUR PE CHALLENGE THIS WEEK

- Read the case study of Agnes Keleti, take a moment to reflect on her story
- Using Agnes and her sport of Gymnastics as inspiration we would like you to base your physical activities in PE this week on creating a gymnastic sequence or dance
- The sequence or dance must be approx 1-3 mins long and include the following skills – flight, 2-point balance, 3-point balance, levels, travel and at least 2 types of roll
- Log your exercise on your miMove app
- Take a picture of you completing your sequence and either share it with your PE teacher through SMHK or if you can tweet @RWBAPEDept using the **#HolocaustMemorialDay**

Interested to read & learn more?

- Visit the link to read about Holocaust Memorial Day 2021 - [HMD-2021-Theme-vision.pdf](#)
- Search Agnes Keleti to explore how she has used the power of sport throughout her life story.
- Research other athletes linked by the Holocaust and acts of genocide – Gretel Bergmann, Eva Szekely, Gino Bartali, Bela Guttmann, Henri Levee, Logie Bruce-Lockhart, Eric Murangwa, Predrag Pasic, Ben Helfgott.

'Be the light in the darkness'

#HolocaustMemorialDay
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