



The POWER of SPORT



CASE STUDY;

Athletics – Gretel (Margareta) Bergmann

Gretel Bergmann was an outstanding German athlete who focused on high jump. At 16 she broke the National Record. But 2 years later her athletics career was ripped apart purely by the fact she was Jewish. Having been a Junior Champion and high performing athlete she was now no longer permitted to be seen in public and received a letter banning her from participating in sport.

Aged 18, no longer recognised by German athletics she left for England where she became British Champion in 1934. Under threat she was forced to return to compete for Germany in the 1936 Berlin Olympics. In preparation and training she matched the German high jump record but with international teams on route to compete she was cut from the team for being Jewish and all known competition records were erased.

She made the decision to emigrate to America where she became US Champion in 1937 and 1938.

The power of sport - Gretel's story - www.yadvashem.org/education/educational-videos/video-toolbox/hevt-sports.html

Interested to read & learn more?

- Visit the link to read about Holocaust Memorial Day 2021 - [HMD-2021-Theme-vision.pdf](https://www.yadvashem.org/education/educational-videos/video-toolbox/hevt-sports.html)
- Search Gretel Bergmann to explore how he has used the power of sport throughout his life story.
- Research other athletes linked by the Holocaust and acts of genocide – Agnes Keleti, Ben Helfgott, Eva Szekely, Gino Bartali, Bela Guttmann, Henri Levee, Logie Bruce-Lockhart, Eric Murangwa, Predrag Pasic.

YOUR PE CHALLENGE THIS WEEK

- Read the case study of Gretel Bergmann, take a moment to reflect on her story
- Using Gretel Bergmann and her sport of Athletics as inspiration we would like you to base your physical activities in PE this week on jumping
- How high can you jump? How far can you jump? How many objects can you jump over in a row?
- Log your exercise on your miMove app
- Take a picture of you completing your PE challenge and either share it with your PE teacher through SMHK or if you can tweet @RWBAPEDept using the #HolocaustMemorialDay

'Be the light in the darkness'

#HolocaustMemorialDay
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